WEEKS TO RACE DAY

A simple weekly countdown. Keep moving towards your start line.

RACE _____ RACE DATE _____

Start at the number of weeks you have left. Mark a circle each week as you complete it.

50 WEEKS TO GO	49 WEEKS TO GO	48 WEEKS TO GO	47 WEEKS TO GO	46 WEEKS TO GO
45 WEEKS TO GO	44 WEEKS TO GO	43 WEEKS TO GO	42 WEEKS TO GO	41 WEEKS TO GO
40 WEEKS TO GO	39 WEEKS TO GO	38 WEEKS TO GO	37 WEEKS TO GO	36 WEEKS TO GO
35 WEEKS TO GO	34 WEEKS TO GO	33 WEEKS TO GO	32 WEEKS TO GO	31 WEEKS TO GO
30 WEEKS TO GO	29 WEEKS TO GO	28 WEEKS TO GO	27 WEEKS TO GO	26 WEEKS TO GO
25 WEEKS TO GO	24 WEEKS TO GO	23 WEEKS TO GO	22 WEEKS TO GO	21 WEEKS TO GO
20 WEEKS TO GO	19 WEEKS TO GO	18 WEEKS TO GO	17 WEEKS TO GO	16 WEEKS TO GO
15 WEEKS TO GO	14 WEEKS TO GO	13 WEEKS TO GO	12 WEEKS TO GO	11 WEEKS TO GO
10 WEEKS TO GO	9 WEEKS TO GO	8 WEEKS TO GO	7 WEEKS TO GO	6 WEEKS TO GO
5 WEEKS TO GO	4 WEEKS TO GO	3 WEEKS TO GO	2 WEEKS TO GO	1 WEEK TO GO

YOUR WHY

What's bringing you to the start line? Write a reminder for the tough training days.